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Aspergers and Adulthood: A Guide to Working, Loving, and Living with Aspergers Syndrome (Paperback)

By Psy D Blythe Grossberg, Psy. Blythe Grossberg

Althea Press, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English .
Brand New Book ***** Print on Demand *****. From the bestselling author of Asperger's Rules! and Asperger's Teens comes Asperger's and Adulthood. Blythe Grossberg brings her 15+ years experience working with Asperger's patients to deliver this definitive guide for adults living with Asperger's syndrome. Thinking about moving out on your own? Ready to land your first job? Unsure how to navigate social scenes when you have Asperger's? Designed for the newly launched Aspie adult, Asperger's and Adulthood provides supportive solutions-based strategies for navigating the ins and outs of balancing Asperger's syndrome with career goals, dating, social settings, and more. Adulthood is complicated for anyone, though it can be especially overwhelming for someone living with Asperger's. Thankfully, Asperger's and Adulthood presents targeted strategies from learning specialist Blythe Grossberg to help young adults with Asperger's kick-start careers, cultivate healthy relationships, and create independent paths as maturing adults. Grossberg lends her expertise by providing an Asperger's road map pointing out potential obstacles and offering valuable how-tos for thriving in the world. This book also...



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