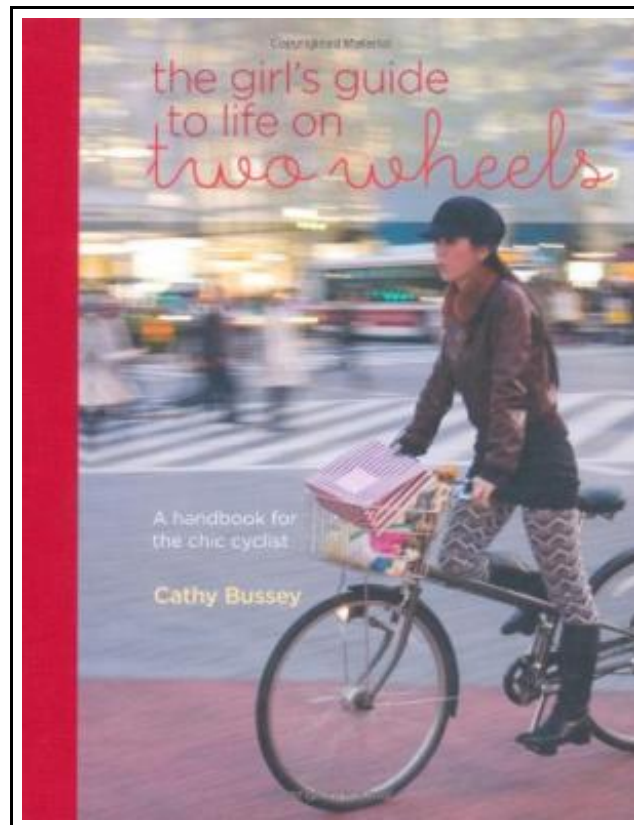


The Girl's Guide to Life on Two Wheels



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THE GIRL'S GUIDE TO LIFE ON TWO WHEELS



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Ryland, Peters & Small Ltd. Hardback. Book Condition: new. BRAND NEW, The Girl's Guide to Life on Two Wheels, Cathy Bussey, Welcome to the Velorution! Women's cycling is having a moment. From Olympic heroines like Victoria Pendleton, through fashion designers, models and celebrities, to the super-cool girls on the street, everybody who is anybody is travelling on two wheels. This book will inspire you to join them. Cycling is a fun, healthy and inherently stylish hobby and form of transport with a long and rich history of empowering women. It has never been more fashionable and more accessible to just about everybody. Full of fun and inspiration, with gorgeous photography and quirky illustrations throughout, The Girl's Guide to Life on Two Wheels is a practical and stylish guide to help you find the confidence and motivation to embrace cycling as part of your daily life. From choosing a bike and staying safe on the roads to looking great on two wheels and embracing the unique style cycling offers, Cathy will arm you with everything you need to get on your bike. Whether you used to cycle as a kid or have never been on a bike in your life, no matter what age you are, where you live or how fit and active you are - if you've ever thought you'd love to cycle but 'can't', this book will show you that you can, and you can do it in style.



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