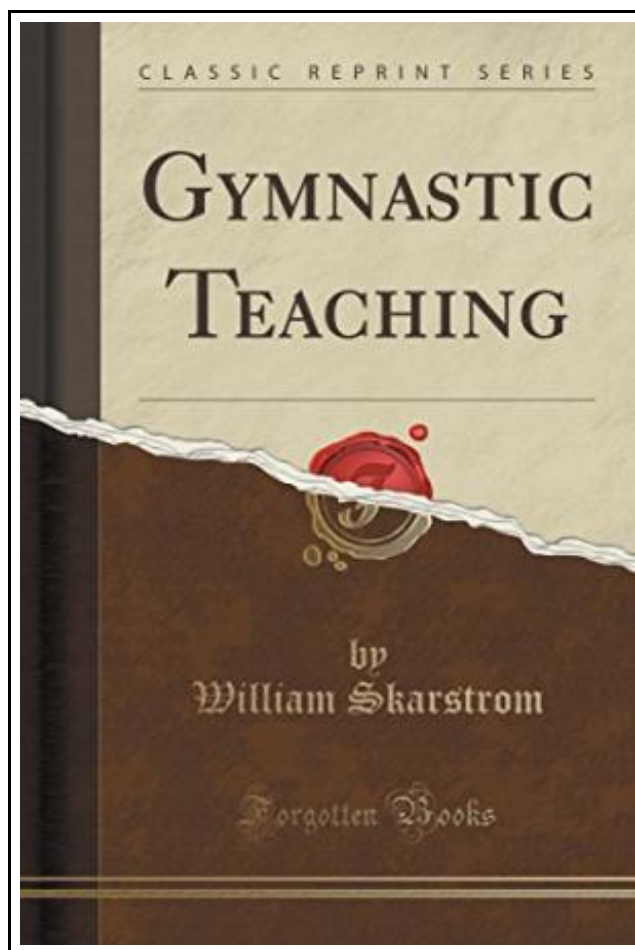


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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Gymnastic Teaching For a number of years some of my friends had been asking me to write on the subject of Gymnastic Teaching, and finally Dr. J. H. McCurdy persuaded me to undertake the task. Like Gymnastic Kinesiology it was done, with the exception of the Appendix, in the form of monthly contributions to the Physical Education Review during the past three years. In this presentation I cannot claim to have added anything new to the subject. Nor have I tried to make an exposition of any particular system. It is merely an attempt to pick out and elucidate some of the principles underlying all gymnastic work and to show some of the possibilities of their varied application under different conditions. While some phases of the subject, such as the values and effects of the work, are still largely in the theory stage, the practical aspects of the work - methods and technique of teaching it, and the management of gymnastic material - have been abundantly tried and their effectiveness reasonably well proven. Indeed, the part of the discussion which deals with this side of the subject is but the summary of results of more than twenty years of study, observation and experience in teaching the work under fairly varied conditions - in the Y. M. C. A., in secondary schools, colleges and normal schools. The book is offered to teachers and students of physical education with the hope that it may prove helpful in the adaptation of gymnastic work to all kinds of conditions, but especially with a view to meeting conditions in educational institutions. If it will contribute to a broader, more liberal...

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