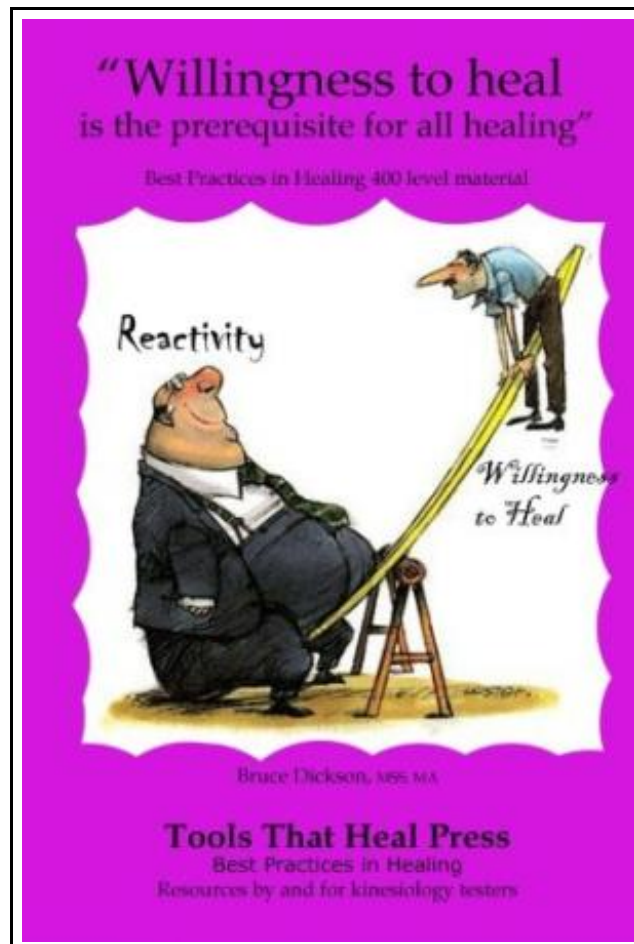


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Self-Healing Press, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.NOTE This booklet assumes familiarity with self-muscle-testing or dowsing of some kind. Willingness is only half a topic, one end of a see-saw or teeter-totter. The other end is reactivity, over- under-reactiveness. Just like on a see-saw or teeter-totter, as either reactivity or willingness goes up-the other goes down. Most of us are reacting too rapidly to life, (John-Roger), reacting too much to the Outer Game of Life, out of balance with our Inner Game of Life, our values, boundaries, replenishment. This book suggests why wrangling and reducing excess reactivity, is a great benefit and the first order of business in personal-spiritual growth. What do infants have? Willingness. When we are born, A happy new baby s behavior is primarily willingness, not will, not willfulness, not will power. Willingness is healthy expression of will. Healthy babies exhibit willingness. This is what we try to get back to as adults on our paths of personal-spiritual growing: healthy willingness. The general lack of language for the two-thirds of our psyche that is sub- and unconscious, is a big challenge in Energy Medicine. This booklet offers new language, so readers can gain insight into more of their own psyche. Willingness to heal necessarily precedes actual healing. It can be measured with self-muscle-testing; low numbers can be raised. Pick a concern you wish to heal on, measure your own willingness to heal on a simple scale of 1-10; use your Energy Medicine method of choice to moderate and release blocks and obstacles. A step-wise method is presented for this. Holistic counselors and practitioners in all fields are encouraged to estimate with the client, AHEAD OF TIME, before beginning a session, the...



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